**OVP: The Complete YouTube Plan**

OUTTRO: “And remember, the only question that matters is: what kind of Sanctuary do you *want* to live in?”

TO DO TO FINISH THIS:  
1) Go thru Mtg w Nathalie, YouTube Value Ladder, YouRube, and others to get all the content and ideas (DONE)

* Go thru different ideas and keep collating them into buckets

2) KEEP THEM ORGANIZED instead of putting them in here

3) once organized, put them in here

1. **Channel template**
   1. About
      1. “Hey, I’m Olivus!”
   2. Playlists
      1. WakingDreamer
         1. LifeStory
         2. Greatest Fears
         3. Greatest Hopes
         4. Favorite memories
         5. Achievements and Meanings
      2. OVP
         1. Aspirations
         2. Inner Revolution: OMNISANC Journey Preparation
            1. Reason you prepare is so that when your experiments start getting results, you are ready to go to Sanctuary. It’s better to be ready because it can be really intense and the Inner Revolution helps to keep a general boundary of calm.
            2. Core Daily Practice

Keeping the Victory-Promise

* + - * 1. Auxiliary Daily Practices

Cultivation

Benefits

Cognitive Enhancement: Regular meditation helps reduce stress, anxiety, and mental clutter. This enhanced clarity and reduced cognitive load make it easier to focus and absorb complex concepts when learning The Sanctuary System and AI in general.

Self-Awareness and Motivation: Meditation fosters introspection and a deeper understanding of one's desires and motivations. This self-knowledge translates into more powerful, resonant aspirations. Aspirations are the fuel for designing effective prompts and building truly compelling AI agents.

Concentration: Meditation increases concentration. When constructing AI or trying to help oneself overcome mental obstacles, concentration is CRUCIAL to staying contextualized, and the strength and duration of your concentration will be directly related to how much you can output. In other words, when working with very complex and uncertain scenarios, you can leverage meditation into an edge.

Journaling

* + - 1. Outer Revolution: OMNISANC Applications Research
         1. AI

Prompt Engineering

Agent Programming

Cognitive Architectures

How to make a mind

What is the Nature of Mind?

How is the Nature of Mind?

How do you reify it in a reconstruction?

* + - * 1. Storytelling

What is Metaphor?

What happens when Metaphor becomes Allegory?

PIO Programming

SuperHero’s Journey

* + 1. Demon Champion
       1. OVA Obstacles
          1. Practice Obstacles

Keeping the Victory-Promise

Cultivation

Journaling

* + - 1. Shadow work
    1. OVA
       1. Presentation of OMNISANC Experiment Results
          1. THE SANCTUARY SYSTEM

OMNISANC Value Chain

Victory-Everything Chain

1. **Video Template**
   1. Video Style
      1. Dan Koe
         1. Scripted
         2. Serious motivational tone of voice
         3. Black and white aesthetic (minimalist)
         4. Constant loop back to funnel
         5. Beats
      2. Alex Becker
         1. Loose script
         2. Miro board
         3. Serious motivational elite bro tone of voice
         4. Getting it done aesthetic
         5. Constant loop back to reasoning about falling into the funnel
         6. Beats
      3. Alex Hormozi
         1. White board
         2. Teaching
         3. How it works
         4. Very personable and like “duh, right?”
         5. Beats
   2. VISUAL BEATS
      1. SANC LOGO .5 SECOND
      2. Dan Koe style OR Alex Hormozi style
         1. Use Miro
         2. Hand-draw stuff beforehand
         3. Do videos explaining it
      3. When I get comfortable, Alex Becker style
      4. SANC LOGO .5 SECOND
   3. Editing Style
      1. Sections per Act
      2. Cut types
      3. Background Music
2. **Script Template**
   1. Customer’s Journey Hook
   2. Intro
   3. Verify Label
      1. “If this is the situation you’re in, here’s the solution. If not, go watch [the videos from before].”
   4. Show solution very quick
   5. In depth overview of how the journey to the solution went
      1. This is an example of how I was the avatar
      2. Encountering an obstacle
      3. Failed Attempts to Overcome
      4. Midpoint
         1. See the problem in context for the first time
      5. Overcoming it
         1. Realizing I have to overcome my own limitation
      6. And achieving the next step because of it
3. Funnel Template
   1. Here is a gift from my path to yours
      1. Lead magnet

Upsells\_to ->

1. Tripwire
   1. Offer
2. OUTTRO: “And remember, the only question that matters is: what kind of Sanctuary do you *want* to live in?”

**Production Template:**

1. Find valuable problem to solve on a Value Ladder Step (I have already solved)
2. Create bonus
3. Add to funnel
4. Create video
   1. Decompose boundaries for communicating each step in the chain from 1
   2. Create Script
      1. Dream, but:
      2. Story of my problem
      3. The general problem I identified, and:
      4. Story of my solution. Now:
      5. How I did that solution (generally)
      6. Lead magnet (to help you do it or something about dream ladder)
      7. CTA
   3. Shot list
   4. Create Miro visuals
   5. Chat, code snippets etc
   6. Map script to shots
   7. Choose title and thumbnail
   8. Shoot the video
   9. Edit
      1. Cuts
      2. Fix audio
      3. Add background music
      4. Add Sanctuary intro/outro
      5. Add “if you don’t know me” section
      6. Add ads (if any)
5. Post video
6. Post on socials and discord etc about it
7. Post on socials about it again the next day and again a few days later and tease the next video

**YouTube Intro Chain:**

1. Hook: Label audience as wanting to go on act2 or being in act2 of the adventure

1-line intro: who am i, my experience with this

1. Label the problem: what it is
2. Explain the reason it occurs
3. Introduce the chain that resolves it

Explain the overview of that chain that resolves the problem within Explaining the story of how I found the chain that resolves it

Explain each one of its subchains

Explain that each of the subchains has an algorithm bc itself is a chain, show that

**YOUTUBE INSTANCING CHAIN (prob actually works!)**

1) KEEP IT VERY CASUAL - make video as casual as it can possibly be

2) Just open the camera and hit them with the Sanc\_Blip

3) Hey Olivus

4) Subject of video

5) Reason for Subject

6) Story about my biggest encounter with Subject

7) Embedded in Story is How I recognize the Chain to overcome obstacles related to Subject and used it successfully

8) Now I’m encapsulating it for you as: [framework]

9) Now go apply it and come hang out in the Sanctuary community

Total Main:

Channel:

* Playlists
* Funnel off site

ProductionChains: {

Intro

Video

Visual

Beats

Edit

Script  
YT Instancing

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